



Monthly Oils Costs for *The EssentialYoga Program* workshops

Understand what oils you'll need next month and get them ordered in advance with this handy chart.

January		February		March		April		May		June	
Juniper Berry	\$ 19.00	Ylang Ylang	\$ 35.25	Cypress	\$ 15.50	Peppermint	\$ 20.50	Basil	\$ 20.00	Elevation	\$ 37.00
Lemon	\$ 10.00	Wild Orange	\$ 10.50	Grapefruit	\$ 16.00	Wild Orange	\$ 10.50	Grapefruit	\$ 16.00	Grapefruit	\$ 16.00
Roman Chamomile	\$ 33.00	Frankincense	\$ 69.75	Frankincense	\$ 69.75	Lime	\$ 13.00	Rosemary	\$ 14.00	Lemon	\$ 10.00
Peppermint	\$ 20.50	AromaTouch	\$ 26.00	Marjoram	\$ 19.00	Cedarwood	\$ 13.00	Myrrh	\$ 52.00	Bergamot	\$ 27.50
InTune Blend	\$ 34.50	Geranium	\$ 27.00	Deep Blue	\$ 32.00	Rosemary	\$ 14.00	Zendocrine	\$ 24.50	Juniper Berry	\$ 19.00
Lavender	\$ 21.00	Balance	\$ 20.00	Balance	\$ 20.00	Geranium	\$ 27.00	Frankincense	\$ 69.75	Lavender	\$ 21.00
INVESTMENT	\$ 138.00		\$ 188.50		\$ 172.25		\$ 98.00		\$ 196.25		\$ 130.50

July		August		September		October		November		December	
Eucalyptus	\$ 14.00	OnGuard	\$ 32.00	Clove	\$ 14.00	Frankincense	\$ 69.75	Rosemary	\$ 14.00	Holiday Joy	\$ 24.50
Peppermint	\$ 20.50	Wild Orange	\$ 10.50	Cassia	\$ 19.00	Wild Orange	\$ 10.50	Lemon	\$ 10.00	Peppermint	\$ 20.50
Frankincense	\$ 69.75	Peppermint	\$ 20.50	Balance	\$ 20.00	Citrus Bliss	\$ 15.00	Wild Orange	\$ 10.50	Frankincense	\$ 69.75
Past Tense	\$ 18.50	Balance	\$ 20.00	Peppermint	\$ 20.50	Elevation	\$ 37.00	Breathe	\$ 20.00	White Fir	\$ 20.00
Wild Orange	\$ 10.50	Melaleuca	\$ 19.00	Cypress	\$ 15.50	Serenity	\$ 30.00	Ginger	\$ 29.00	Thyme	\$ 27.50
Roman Chamomile	\$ 33.00	AromaTouch	\$ 26.00	Vetiver	\$ 34.50	Balance	\$ 20.00	Sandalwood	\$ 61.75	Wild Orange	\$ 10.50
		Deep Blue	\$ 32.00								
		Lavender	\$ 21.00								
INVESTMENT	\$ 166.25		\$ 128.00		\$ 123.50		\$ 182.25		\$ 145.25		\$ 172.75

Other workshop tips:

Keep in mind that you will only use 1-2 drops of each oil or blend per student, so you'll have ample supply with a full bottle in most cases.

Save all your empty essential oil bottles so you can open a full bottle and create several partially-full bottles for each of your workshop helpers to use.

Remember to ALWAYS have Fractionated Coconut Oil available at every workshop in case you need to dilute an oil or someone has a reaction.

Roman Chamomile is listed in costing, depending on availability, you may need to substitute for another option.

The Holiday Joy blend is typically ONLY available for sale in November and December - so plan ahead!

Use the Loyalty Reward Program to place your orders on these oils of course---earning FREE product and shipping points by planning in advance!